

SUGGESTED USE: As a dietary supplement, take one (1) to three 3 capsules twice a day with a glass of water until symptoms relieved. Then reduce dose as needed for maintenance.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL DRY PLACE.**

† Safety Information: Consult your healthcare provider if you are pregnant, nursing, taking medication, or have a medical condition.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DISTRIBUTED BY:

Allergy FORMULA

► Natural, Seasonal
Allergy Relief

Dietary Supplement **60** capsules

SUPPLEMENT FACTS

Serving size: 1 capsule

Servings in container: 60

Amount per serving		DV%
Magnesium (as magnesium citrate)	42 mg	10%
Stinging Nettles Extract (<i>Urtica dioica</i> , leaf)	200 mg	**
Quercetin	200 mg	**
Licorice Root Extract (<i>Glycyrrhiza glabra</i>)	100 mg	**
Bromelain	100 mg	**
Butterbur Extract (<i>Petasites hybridus</i> , root)	50 mg	**

*Percent daily value based on 2,000 calorie diet.

**Daily value not established.

OTHER INGREDIENTS: Rice hull, vegetable capsule contains purified water and hypromellose. Manufactured in a cgm facility that processes milk, eggs, soy, nuts, shellfish, and wheat.